



Photo submitted

Members of the Sullivan Blue Dolphins get some last-second coaching before going into the pool during the Rex Plex meet in St. Charles, Mo. last weekend.

Blue Dolphins compete at St. Charles

The following are the relay results for the Sullivan Blue Dolphins from the Rex Plex meet in St. Charles, Mo. last weekend.

11-12 boys, 200 free relay 2:02.56 fourth place
Travis Hanson, Grant King, James Myers, Dalace Ray

10 & under girls, 200 free relay 2:28.44 eighth place
Kailyn Boyer, Michaela Donnel, Sara Griffin, Brynna Sentel

10 & Under boys, 200 free relay 2:24.04 second place
Sam Rousser, Adam White, Bryce King, Ross Metzger

8 & Under boys, 100 free relay 1:30.02 third place
Beau Atchison, Dalton Rogers, Aiden Short, Ethan Foster

13-14 girls 200 free relay 2:02.95 sixth place
Makayla Thompson, Kylie Goss, Chris Beck, Reilly Merryman

8 & under boys, 100 medley relay 1:50.58 third place
Aiden Short, Dalton Rogers, Beau Atchison, Ethan Foster

11-12 girls, 200 medley relay 2:17.86 third place
Megan Zindel, Brittin Boyer, Mackenzie Mosier, Lily Bales

11-12 boys, 200 medley

2:23.09 fourth place
Ty Molzen, Grant King, Dalace Ray, Travis Hanson

10 & Under girls, 200 medley relay 2:46.43 eighth place
Michaela Donnel, Sara Griffin, Brynna Sentel, Kailyn Boyer

10 & Under boys, 200 medley relay 2:41.08 third place
Ross Metzger, Bryce King, Sam Rousser, Adam White

13-14 girls, 200 medley relay 2:20.32 fifth place
Makayla Thompson, Chris Beck, Kylie Goss, Reilly Merryman

Ray benefit to pay for medical expenses

A benefit for Rachel Ray is set to begin at 4 p.m. this Saturday at the Faith Lutheran Church on south Route 32 in Sullivan.

A spaghetti supper is set from 4-7 p.m. with a raffle

and auction following the dinner.
Ray, 24, is the daughter of Roger and Linda Ray. She was diagnosed with cancer

and had surgery in November. The funds from the benefit are earmarked to pay for medical expenses.

United Way donations help Counseling Center, Habitat

(Editor's note: This article is part of a series of profiles of organizations that receive funding from the Moultrie County United Way).

Moultrie County Counseling Center provides a wide array of mental health services to persons five years of age and older. The agency accepts most insurance plans and offers Moultrie County residents a sliding scale fee, based on income.

Last year, the Center served over 385 clients from Moultrie County.

Available services include: therapy, counseling, case management, nursing services related to psychotropic medication, and drug and alcohol treatment. Psychiatric consultation and medication management is available to clients who may need medications. Case management services are available to individuals currently receiving mental health services who may require assistance with social, educational, vocational, housing or other services to maintain functioning in the community.

The Senior Support Program provides counseling to those age 60 or over who do not have another source of payment. We are providing an increasing amount of services to those over 60.

The substance treatment program provides evaluations and evaluation updates for DUI defendants, as well as the Driver Risk Education course. Outpatient counseling for anyone experiencing alcohol or other drug problems is provided in group or individual settings.

The Director, David Cole, says that sometimes in life,

events become unmanageable and most anyone can benefit from counseling services. Appointments can be made by calling 728-4358. Moultrie County Counseling Center is located 12 W. Harrison.

Moultrie County Habitat for Humanity is the local affiliate of the international group Habitat for Humanity International, a nonprofit, ecumenical, Christian housing ministry based on the idea that families living in decent housing are healthier and children usually do better in school. Moultrie County Habitat has built 13 affordable houses, at least one in each of the four major towns in the county since it was created in 1998. Eleven of those houses are currently inhabited by the original homeowner partners.

All work is done by volun-

teers and the family that will live in the home, so donated funds and monthly mortgage payments homeowner partners go directly toward construction costs and land purchases for additional houses. Homeowners pay local taxes, so local governments also benefit.


Habitat homes built in Moultrie County have had three bedrooms with one bath and normally no garage or basement (unless required by subdivision code). They are well-built homes and are sold to partner families at no profit with affordable, no-interest 20-year loans.

Persons eligible for a Habitat home must have a need, be willing to work 500 hours (with family and friends), be able to make monthly payments, have an income under a set amount

(determined by family size), and not have a large amount of debt. For more information on Moultrie County Habitat for Humanity, contact the Affiliate Office at 728-7386, leaving a clear and concise message containing your name, phone number and current address.

The United Way's campaign goal for 2009 is \$36,000. Participation can be made through payroll deduction with an employer or by sending a check directly to the Moultrie County United Way, PO Box 224, Sullivan IL 61951. To set up payroll deduction at a business, contact Carol Elder at 728-2522.

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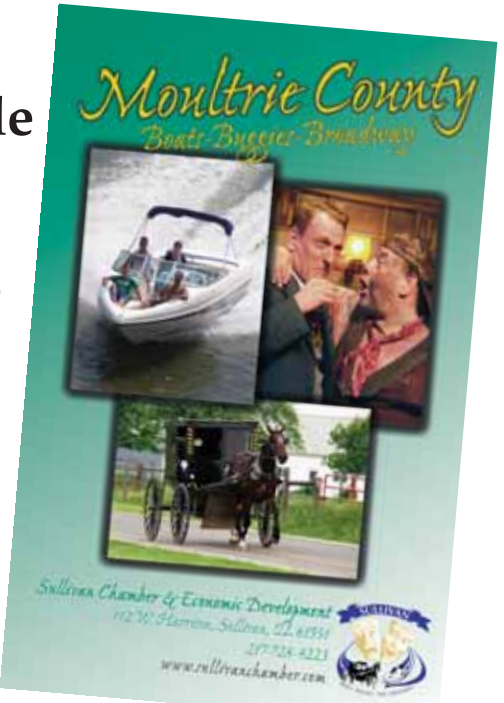
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